### The Lionheart

EXCELLENCE • LEARNING • LEADERSHIP ST JOHN'S & KING RICHARD S C H O O L S F E D E R A T I O N S C H O O L S F E D E R A T I O N PO S

POSEIDON

### **SPRING TERM 2018**

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YOU CAN BE

### Welcome FROM THE PRINCIPAL



This newsletter will bear out what a busy and fruitful term it has been for our students at King Richard School. As we approach the Easter holidays there is no let up and the penultimate week will see myself in the UK whilst the students and staff work towards external exams, organise and take part in a number of activities for Sports Relief and still find time for a Federated Sports Day down at Happy Valley in Episkopi.

We have been fortunate enough to have a number of visitors to school this term who have enriched the students' educational experiences. Amongst these have been the Royal Navy, who were working with our Key Stage 4 pupils on possible future careers. We thank Sue Moloney for arranging this and Mr McGilton for so ably hosting our visitors. As a part of the session the students undertook recruitment tests

and all performed well. A particularly interesting result was that of Mrs Miller who was allowed to take the test. She qualified for recruitment as a Naval Officer, which gave her bragging rights in the Miller household! As well as the Navy, Mr Devine arranged a STEM day with the RAF, where the students took part in a series of challenges aimed to test/improve their skills in Science, Technology, Engineering and Mathematics (STEM). The English department were also keen to get in on the act: organising a visit from author lames Morgan Nash to work with pupils on poetry as well as the now customary Toastmasters competition in Nicosia. All these events will be featured in this publication.

I stated during my last foreword that a common feature in any Outstanding school is that they don't stand still or rest on their laurels. That is certainly true of King Richard School. This year we have applied for accreditation as transforming in the field of 'Climate for Learning' by the SSAT organisation. This has involved our initial application, a visit from Steyning Grammar school in UK and finally a moderation discussion with SSAT. We are expecting our result in the near future and are confident that we will receive the SSAT's highest transforming grade. We already have plans for further accreditation during the Summer Term.

Opportunities for our students to give back have been numerous this term. We continue to strive to reach our target figure for this year's priority charity, the Tenderfoot project, and are confident that this will be done by the end of this academic year. The students and teachers were also resplendent in their costumes for World Book Day. This is an event that is becoming







a regular feature in the KRS calendar and I am sure it will continue to evolve under the stewardship of Mr Purdie and the English and Drama Department. The Department have also begun work on the summer term play and we look forward to the performance in June.

Life in the Sixth Form continues at a pace and as I write this foreword they are spending their final night in Manchester as part of the university visit trip. We have recently appointed Head of Houses from within the Sixth Form and also their deputies. They have hit the ground running and have already arranged a Pyjama Day to raise money for charity. This was on the back of a residential to Nicosia as many in Y12 took part in the Mediterranean Model United Nations conference with other schools from around the globe. Once again, our students gave a very good account of themselves: helping create and deliver resolutions that were debated and voted by a range of students from very different backgrounds.

We continue to work with - and compete against - our friends from other schools in BFC in staff training, visits by pupils and sporting fixtures. For such a small school it does mean that these opportunities keep students and staff extremely busy. We also continue to recruit the very best staff. At the beginning of this term we recruited Katie Vause as our new Geography teacher. In September, she arrives from Lincoln and she is already preparing resources and Schemes of Work for our students when she begins.

Thanks for those who gave us feedback on the newsletter's new delivery method. It would seem that the electronic version was well received and as such we will continue to send it by these means. Have a great Easter whether you are staying in Cyprus, returning to the UK or holidaying further afield.

Richard Sproson, Acting Principal rsproson@kingrichardschoolcyprus.com



# A Literary

# Feast



At King Richard School we try our very best to achieve our goals and celebrate our

creativity; this was demonstrated impressively by all students at KRS on World Book Day, Thursday March 1st. Students and teachers dressed in literary fancy dress and participated in a whole school picnic on our school field.

The picnic was a great way of getting the whole school together and expressing the importance of reading. With speeches from our Head of English, along with Mrs Downham - who has published three bestselling books - we were fortunate to hear their views and advice for all those inspired by reading and creative writing. Along with their inspiring speeches, a number of teachers and students read a paragraph or two from their favourite book to the rest of the school whilst we enjoyed snacks and drinks. We all sat to read for a while until the school day came to an end. With much appreciation for all members of staff involved in creating such an enjoyable and creative day, we walk away energised and willing to show more of our creativity, and we also walk away with the determination and motivation to read more.

The fancy dress raised money for the studentselected charity, 'World Literacy Foundation': our school felt it was important to help other kids less fortunate than ourselves. The charity helps children in the UK and other places who don't have access to books or teaching.

As a part of the celebrations, the English and Drama department ran a creative writing competition for

WORLD BOOK DAY 1 MARCH 2018

the whole school based on the title, 'Endings are New Beginnings.' Over half the school entered the competition; Mr Purdie announced the winners in assembly: amazon vouchers, reading books and e-praise points were up for grabs!

As Dr Seuss says "The more you read, the more you'll know, the more that you learn, the more places you will go".









# Who can? UCLAN!

#### Oakley Haig and Charlie Rayson

On the 10th of January we went to UCLAN (University of Central Lancashire) Cyprus for the day along with students from St John's School. During our time there we did lots of interesting lessons such as advanced maths: where we learnt how to write the largest possible number. Later, we practised coding which was really fun because, as a part of it, we got to do a treasure hunt around the university using GPS. Last but not least, we competed in the 'Chancellor Game' where, in a fictitious country, we had to balance the national budgets: not an easy task! Overall it was a great day out and we learnt lots of interesting facts and techniques.







Our new House Captains and Deputy Captains, along with the Pupil Leadership Team (PLT) organised a Pyjama Day to raise money for the Tenderfoot Project: to support our sister school in

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# Full STEM ahead!

Roving reporter: Cameron Duncan



STEM = science, technology, engineering and maths. The Royal Air Force is extremely resourceful, opening lots of doors to future careers and successes. Taking up the STEM subjects, you are granted a well paid career in a wide variety of vocations.

Luckily, we had the chance to talk and take part in a STEM day where we completed lots of challenges linked to the subjects and engineering. We also got the chance to talk to experienced personnel from the RAF. We all enjoyed the day because it was fun and exciting; KRS loves to compete, especially in our Houses, so this was a great chance to challenge ourselves and orientate our mind-sets on being the engineers with the best ideas. The day was also super-informative. I learnt a lot and so did my class mates. We all took something away with us: whether it be that we want to join the RAF as an engineer or more personal things like what we learnt about ourselves: how we work as part of a team and how to best exemplify our Core Values.

It was a really good experience and opportunity for us all because some of us (Year 8 & 9) are now nearly up to choosing our options, and now that we know more about STEM and the career opportunities these subjects bring – including salaries and experiences such as working overseas - the day benefited us greatly. I would recommend that every child should learn about STEM and the Royal Air Force because it is such an amazing day!

Before the STEM day, I wanted to join the Royal Air Force as either a pilot or an aircraft engineer; now I am certain this is the career for me.









# Robot Rescue - your challenge

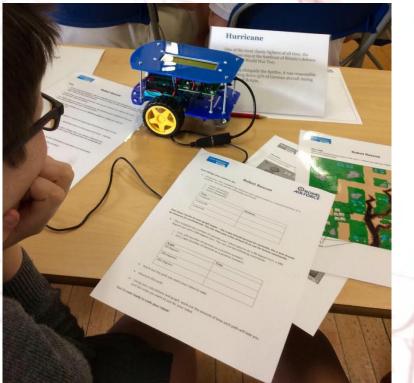
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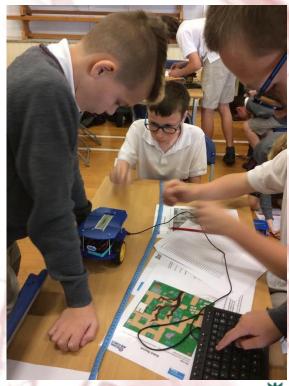
### Coding Commands -

• A robot will accept up to 32 commands.

- · move forward
- turn\_left
- turn right
- 'Shift' and 'Enter'make your robot run the code

Robots must be treated with respect - crashing the robot / driving it off the desks will result in disqualification





# Fitness Fear Pong!



Roving reporter: Alex Ravoka

As part of being a Head of House, our responsibilities include planning events and this week we have created a huge variety of fun activities to raise money for Sports Relief.

Monday became 'Beat the Goalie' organised by Casey Day during second break. Casey said that we raised €10.00 on that Monday.

On Tuesday we hosted 'Sponge the Teacher' organised by Alex Ravoka, Courtney Duncan, Tiber Ginn and Casey Day. We also did Dodge Ball at first break and there was one winner, the rules were whoever won against the Head of House and PLT (Pupil Leadership Team) received eight Epraise points.

At the end of the day, we raised an impressive amount of money and the teachers that got sponged were Mr Purdie, Mr Dawson and Mr C Thomas; sponged students included Y11 Xander Taylor and our very own Casey Day.

On Wednesday we all did Wake Up Shake Up during registration. Most of the 6th form did try to follow both the dancers who were Courtney Duncan and Vicky Lawrence. Later, the rather gruesome Fear Pong involved students kicking a football in a bucket and the loser has to drink random disgusting drinks. The Fear Pong was so successful at first break that we continued on into second break.

On Thursday we ran a Table Tennis tournament and a football match students vs teachers. At Friday's Sports Day there was a one-mile fun run for everybody; students could choose to be sponsored for the event.





## Dancing at the Dodge Ball



#### Roving reporter: Cameron Duncan

KRS is very interactive with other schools across Cyprus, ranging from football tournaments to academic days. In Year 8, we went to Xylotympou School in the ESBA village between Dhekelia and Ayios Nikolaos. We were going to play dodge ball - the Xylotympou students were very friendly and greeted us warmly, making us all welcome to their school.

At the start, we were all a bit nervous but by the end it was so successful because we had all made lots of new friends and interacted so much that now the students are coming to KRS after Easter to play more dodge ball. Dodge ball is one of their most-played sports and because we don't do much dodge ball in KRS it was a really good experience. After dodge ball, we were all in for a surprise! The Xylotympou students had learnt and prepared a traditional dance for us. It was great as they all looked so happy and were so eager to teach us it. It was amusing to see my class mates dance but when it came to Mr Thomas whipping out his ipad and recording us all, we weren't the ones laughing!

I enjoyed the day so much as the students and teachers of the Xylotympou school were all so nice and friendly. It was a great experience and opportunity for me and my Year 8 class mates. I can't wait for them to come to our school to teach us more of the dance and play more dodge ball.



### Making their point: KRS's finest at national final

2 European University Cyt

CULTURA

#### Mr Purdie

Our two KRS finalists, Alicia Pickard and Katie Ellis, gave an outstanding performance at the national Toastmaster finals at the European University in Nicosia on February 4th; they competed against contenders from high schools across Cyprus. The competition was fierce; but both Katie and Alicia really stood out for their poise, quiet confidence, intelligence and connection with the audience. Not an easy thing to do!

The highlight for me was their grace and maturity – it is a very difficult thing to stand up in a room of people you don't know and present a speech about a topic close to your heart – Katie's was about freedom of expression and Alicia's about motivating yourself – and both our students were so professional and competent that they could easily have been adults presenting a polished TED Talk. We are all incredibly proud of the achievements of our two future leaders.

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Made

in the

### The Write Stuff I am a Soldier

### How close?

How close to a nightmare am I? I am a few hundred metres from a trench, Which happens to be in a foreign land, With men who want my family dead...

But I am a mere instrument, A shade of tarnished orange, And covered in a thick coat, One made of mud and water, But nobody will remove this crust,

Imagine you are a brass instrument. A tenor horn. Golden

stumped when professional writer and poet, James Morgan

A handful of students from each year group took part in the

Nash, asked them to consider this question. But not for long.

but a little lacklustre. Now imagine your people; your

Students at last month's poetry workshop were a little

poetry writing workshop and within two hours every

friends, family... how do you feel about them?

Tom Parnham-Jones

I would be the hardest working soldier, The hardest thinking soldier, The most loving soldier. I am a soldier.

I am kept deserted in a trench, No longer used, I can see nothing Apart from the lifeless detritus that lies on the floor *Along with the mud and ashes.* 

*I* want to serve King and country I will push *I* will make the world a safe place *I will sacrifice my life* Like my relatives have.

I was hoping this was the war to end all wars, It ended Nothing.

#### Charlie Rayson

and rhythmic lines. Their words conjured battlefield scenes, feelings of isolation, and considered what it is to become an adult. The most valuable lesson many took away? The value of redrafting and how improving one's work is part of the craft. As Year 7's Charlie Rayson put it, "I never knew redrafting could be so useful". The English department were so impressed with the work produced that they plan to publish the poems in an anthology later this year. The experience was also inspirational for Nash, whose collections of published poems include Coma Songs, Some Things Matter and Cinema Stories.





#### #sportsroundup

By Sam Cox

### Just my Puck! — Hockey Fest

Earlier this year, Years 7 - 9 were fortunate enough to take part in the Federated Hockey Festival between KRS and SJS.

I personally enjoyed having new teammates from SJS and playing alongside them. Teams were completely mixed, comprising of girls and boys, Apollo and Poseidon. Throughout the event, both schools worked together amazingly and didn't have any issues between them which is always nice to see.

My favourite part was the final between my team (Yellows) and the Reds and we were lucky to win the whole tournament.



APOLLO





#### #sportsroundup

By Millie Baxter

### Netting a Win-

### On Tuesday 6th February girls in Years 7-9 went to St John's school to play Netball.

It was intended that these Apollo vs Poseidon matches would improve skills and encourage teamwork. All girls played well but after the three games Poseidon came out on top. It was a worthwhile afternoon to develop skills and understanding of the game, make new friendships and have fun at the same time.

The KS4 girls also took part in their own competition. Their event was a complete collaboration of both school and House. This also provided the opportunity to film the GCSE PE students in action.







#### Model United Nations Nicosia

Casey Day

### UN believable! KRS debate in style at MEDIMUN

Within this article, all three days will be described and what actually happened within the debates. Medimun stands for Mediterranean Model United Nations. This is where schools from different countries, including Cyprus, are given a country to represent as their 'delegate'. Then world topics are debated and voted upon by these delegates.

#### Day I

Where to begin? Our representatives from KRS; me (Casey), Rhys, Tiber, Rachel and Alex, turned up to school for a 7:30 start on the Friday. This is where we took a minibus from KRS to European University Cyprus within Nicosia. It was a dramatic journey so as soon as we got to the university we were all ready to go home! We registered and went for a group photo.

We then arrived within the General Assembly Rooms (GAs). Me, I was GA One with Tiber. After roll call, we had to decide our teams and who we would work with. However, you had to work with people with the same question brief. That meant me, Tiber and Garfield (St John's Representative) all being within different teams. As my country was Zimbabwe, I had to pair up with fellow countries who were my allies. Luckily and perfectly within my team, I had the delegate of South Africa: Uliana, from Xenion School within Paralimini. Zimbabwe and South Africa were good allies which was very

handy to have. We also had the

delegates of Afghanistan, Spain, USA, Cambodia, South Korea, Chile and Equatorial Guinea. Our question was the question of international contemporary espionage. Spies – basically!

MEDIMUN 2018

13th Annual Session 9th-11th of February

NICOSIA, CYPRUS

We started to work on our position paper combining everyone's ideas to create one huge master plan. I started to work with South Africa within the topic of espionage. We discussed issues around heightening security of country borders and minimising immigration. Both of our points fitted right into this subject area. Time went by and I was finished with my ideas and started helping the team. We had a deadline of 2:00pm to finish our resolution with various breaks within the middle. This went a little bit over; however, it was still accepted. Finally...we could relax. Until we started to debate the first country's resolution. The delegate of Iran claimed that we were all terrorists. It was a shocking opening to the debate: it certainly kept us on our toes.

After we finished this assembly it was time to return to our hotel. Through this first day, the 'lobbying day', my team definitely made a strong bond within the newly found friendship. Once we had returned to our hotel, we got familiar with our rooms then headed out for dinner. We went to a Lebanese restaurant. The chicken was exquisite. After this, we (St Johns and KRS) were allowed to look around the old town.





### Day 2

With an early start, we all headed down to breakfast. The hotel had provided foods to create a full English, cereal, toast and coffee: tea for the proper British people. As soon as breakfast was finished, we all grabbed our things and headed down to the mini bus where we travelled all the way to the intimidating European University of Cyprus once again. We headed right into our GAs (General Assemblies). We had all debates from our GA. The issues covered were the question of international espionage, weaponisation of natural resources and autonomous weapon systems. These debates went on throughout the day with some passing but a lot not.

There were ones that stood out being exceptionally bad or really good. Throughout this day I managed to get a couple of points debated throughout, and was very popular with the note receiving, and was definitely involved quite a lot throughout this.

After all the debates were finished we read from the 'confession box'. This is where any random confessions that were handed were read out by the admin staff. Some were, 'I fell asleep throughout Sri Lanka's resolution' and other such illuminating ones like 'the chairs are fit'.

Once this was done, we headed back to the hotel and chilled there for about an hour before heading to a Chinese restaurant called 'Bamboo'. Most people got the buffet whereas a few of us got the meal 'deal' where you get two types of chicken, rice and a drink for €10. It was a very



nice Chinese. This is also where we had seen some more delegates from Medimun and started to socialise with them. Once we finished talking we were allowed to go and look around Nicosia again. Some people went for more food and some people just went to get some snacks.

#### Day 3

With yet again another early start, we all went down for breakfast. The hotel's food was again to a good standard and really filling. As soon as breakfast was finished, we loaded all our bags onto the minibus and we headed back to the European University for the last time. This is where all the best debates, one from each GA, were debated with everyone within the room. Trying to get involved as soon as I could, with me saying a point out loud and Rachel W trying to get heard but was unfortunately unlucky. Within this, only half of the debates passed.

Once this was finished, we all said our goodbyes to everyone, and made sure we had everyone's contact number so we can all talk again. Once we said goodbye, KRS loaded back onto the minibus for a return journey home.



### New Horizons: Mad for it in Manchester



A common fear amongst most students in college or sixth form is moving on and going to university, getting a job or going into an apprenticeship: this fear dominates our minds for the majority of this time but we are excited at the thought of independence. Especially for students such as ourselves at both King Richard School and St. Johns School in Cyprus, we feel as though we are in a bubble and widely protected, which makes it all the more daunting having to leave home and go off into the world on our own. However, to ease these worries, Year 12s from both schools joined together on March 11th and travelled to Manchester, returning back to Cyprus on March 17th.

This trip consisted of many university visits to places such as Liverpool John Moores, Manchester, Manchester Metropolitan and another one of our choice. At the universities, we were given tours of the university blocks, accommodations and lecture halls. Along with the university visits, we visited Siemens, whereby we were told of jobs and apprenticeships for those who preferred a different route. During this time, we spoke to various volunteers from the workplace and interviewed them, asking them questions about their

### OLD TRAFFORD M16



specific routes and lifestyles to develop our understanding of different paths we could take. In addition to this, we were given various talks from people doing Gap Years, further apprenticeships, and the Navy, Army and Royal Air Force. This opened our mind up to the different possibilities for us after school; we took part in workshops and were given leaflets, prospectuses and information to take home with us.

On one of the days we were fortunate enough to go to the UCAS Higher Education fair, where we went around to the universities of interest to us, asking them many questions about the courses we are interested in, what we need to do to get into their university and about student life in general. Along with this, they had frequent seminars, for example on applying to university through UCAS and also student life and student finance. All seminars were extremely helpful in widening our knowledge of what to expect at university if that is the way we choose to go after Sixth Form. Furthermore, we spent a day at either Old Trafford football grounds or at the BBC studios. I spent my day at the BBC

studios, where we took part in a mini workshop where we recorded a haunted story and saw how it would be put onto the radio; also, we got to see different studios



where they recorded things such as 'The Voice' and 'BBC sports'. Whilst enjoying the day, we got to learn about the different jobs and everything that goes on behind the scenes at a studio as big as the BBC.

One day that was favoured by most was our independent day. This was where we had to plan our own day, including a university visit of our own choice, planning tours and timings, along with transport there and back. This was daunting at first; however, due to having to find our own way back to our hotel a few days earlier by train, this gave us an idea of how to manage on our own and we were set and ready to go. This day gave us the opportunity to challenge ourselves and show our independence by relying on our own resources, leaving us all with a great sense of achievement. We then all met later that day in the hotel to discuss our adventures.



The University of Manchester

As we took part in many workshops and walked distances to universities, we were given time at the end of each day to go out and get ourselves food and do a little shopping if we wished to. On one of the evenings we also went for a meal as a group and went to the theatre to watch the 'Sound of Music' which everyone thoroughly enjoyed.

Whilst the trip was tiring, it helped us to develop our knowledge on student life, life outside of school, different routes to what we wished to do and eased our fears of independence. Additionally, whilst the trip was educational, we also made many new friends from members of the St John's Sixth Form and enjoyed spending time with other people for a week, whilst we all worked together in challenges and helped each other out when being left to our own devices. Speaking from everyone that took part in this university trip, we thank the teachers involved in helping us out and assisting us on this excursion as it was extremely useful and makes us a little less intimidated to go out into the world on our own.

### Year 12 Courtney Dunacn



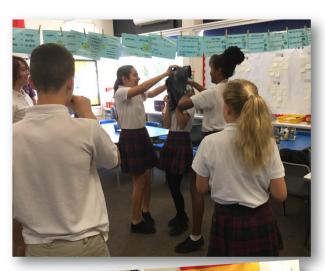


### #Leadership By Miss Hill

The Pupil Leadership Team (PLT) took part in a leadership skills development workshop which involved them attempting a number of exciting challenges. They discussed what they understood by the term leadership and then took part in a number of group activities. These included getting the whole team through a rubber tyre in the quickest time possible and negotiating a minefield whilst blindfolded. The morning was challenging and fun and pupils learned a lot about listening, leadership and decision making skills. Well done to all members of the PLT and a special mention to Flo Remzi who saved the day when the coloured shape challenge was proving tricky!

### Leading the leaders -











### #Learning: AQA Project

Alicia Pickard

### To Boldly Go...

I have chosen to do the AQA Project to further extend my knowledge of topics that interest me, to learn new important skills—such as time management and different techniques of researching - and because I want to present my ideas to others. My topic for my Foundation Project Qualification (FPQ) was Black Holes. I chose this because they are regarded as a mysterious part of space which no-one fully understands. However, for my Higher Project Qualification (HPQ), I chose the existence of extraterrestrial beings because it has actually been stated that there is more evidence for their existence than a black hole's. Both of these topics are challenging, but are both very enjoyable because I am interested in both.





On my research journey, I have found out lots about the topics of my choice but also about myself. I learnt that I can manage my time well and I can be organised when I need to be. This has allowed me to complete the FPQ and embark on a new journey through the HPQ. Some hurdles I encountered, though, were trying to find accurate and useful evidence through a lot of unrelated theories which could take you off track. In the end, I managed to get the evidence I needed and create my essay. Overall, the AQA project has helped me in many ways. For example, it has allowed me to learn new skills, push past obstacles and I have enjoyed getting through the difficult journey of completing the project.









WORLD

### Star Reporter: Mrs K Vasilliou

### **Marvellous Maths**

World Maths Day is the largest online mathematics competition, with more than 4 million students from over 17,000 schools participating. The competition measures speed and accuracy in arithmetic and numeracy skills, via the Live Mathletics platform. KRS students from Year 7 to Year 10 participated in this years' event on 7th March, having first practised in warm up sessions beforehand. Points were earned from a maximum of 20 games with increasing levels of difficulty. For every 250,000 points earned worldwide, a \$1 donation was made to UNICEF towards their Schools Supporting Schools aid programme. KRS students really rose to the challenge and enjoyed competing against their peers around the globe. The top scorers for KRS were:



Y7 Olivia Bedward Y8 Thomas Bagnall Y9 Sam Cox Y10 Sophie Ferguson

# Mathletics





### A Spring in Your Step Thursday 22nd March





# 2018 SPRING CONCERT

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### POSEIDON



### Mr Thomas

"The Federation Sports Day was held for the first time at Happy Valley Episkopi. Last year's event was won by Apollo House who lifted the Olympus Cup.

Over 300 students took part in several field events and over 40 track races all hoping to break personal bests and achieve House points for their House. Throughout the day the scores remained close, with each photo finish impacting on which House was leading. "

# SPORTS DAY 2018