

Dear Parent/Carer,

Your child will shortly be studying our Key Stage 3 programme of Sex and Relationships Education (SRE). This work is on-going throughout the school and builds on work carried out in the primary school. SRE covers some elements of the Science Curriculum and some Personal Social and Health Education (PSHE). This programme is delivered by our team of school nurses and PSHE teachers.

Your children will be engaging with the some following questions as part of this work:

- How will I manage to form new relationships?
- How is my body developing?
- Do I understand the physical and emotional effects of puberty?
- What changes may occur in my lifestyle?
- What shapes my perception of sex and relationships, including ideas of family life and marriage?
- Do I know how and where to access the support I might need?
- How well equipped am I to understand others and their needs?
- Do I understand the facts about sex and reproduction?
- Can I identify different methods of contraception and ways to prevent STIs?
- What information do I need to anticipate sexual activity and relationships?
- What skills/confidence do I have/need to negotiate within relationships?
- What do I understand about my sexuality, including sexual orientation?
- How do I understand the importance of marriage and stable relationships for family life?
- What responsibility do I have for the health and well-being of others?

We encourage you to discuss any of these areas with your children before during or after our topic, as young people say that they greatly value being able to talk their parents about these issues.

Our SRE programme is based on the guidance from the National Children's Bureau. We have carefully reviewed the resources we use to support our teaching to ensure they are appropriate to the age and needs of the students.

You have the right to withdraw your child from the elements of SRE which are not included in the National Curriculum for Science. Please contact the school directly if you would like to discuss this. If you would like to discuss any issues relating to SRE, or to find out more about the lessons, please contact Colleen Downham, PSHE subject leader.

Yours faithfully,

Colleen Downham